

Welcome to the May 2017 edition of Seniors' Link. The aim of this newsletter is to make it easier for our Seniors to know what social, recreational and cultural activities are taking place in our Shire. Please contact me either by phone 9727 0222 or email: dsims@capel.wa.gov if you wish to promote an event/activity in the Seniors' Link.

Kind regards,
Donna Sims

Upcoming Neighbourhood Watch Meetings

The Shire of Capel is hosting Neighbourhood Watch (NHW) meetings in partnership with South West Police & Shire residents throughout the month of May. NHW aims to reduce the incidence of preventable crime and preserve the way of life that we have come to enjoy.

The aim of these meetings is for residents to discuss any concerns they have regarding community safety with the Officer in Charge at Bunbury Police Station and a representative from the Shire. These will be the only scheduled NHW meetings with Police presence in 2017.

This will also be a great opportunity to obtain NHW stickers to place on your rubbish bins and around your property. Statistics show that criminal activity reduces in areas where NHW stickers are placed around the home due to fear of being caught.

The dates & times for the upcoming meetings are as follows:

- ◆ Boyanup Community Centre - Tuesday 2nd May at 6pm
- ◆ Capel Community Centre - Tuesday 9th May at 6pm
- ◆ Dalyellup Community Centre - Tuesday 16th May at 6pm

We hope to see you all there!

RoadWise Committee

The Shire of Capel is keen to start up a Road Safety Committee and is seeking expressions of interest from the community. The greatest strength of the RoadWise Program is its network of people, which includes RoadWise Committees. RoadWise Committees are formed through partnerships to address road safety issues at a community level.

Committees provide a forum where local issues are discussed and the group can develop and deliver community based road safety campaigns. These Committees enhance the local coordination of road safety activities.

Please contact me on 08 9727 0222 or email dsims@capel.wa.gov.au if you're interested in becoming involved in the Shire of Capel's RoadWise Committee.

What's Happening in May



1st	<i>Boyanup Seniors' Catchup</i> at Boyanup Community Centre. 12 noon
2nd	<i>Boyanup Neighbourhood Watch Meeting</i> at Boyanup Community Centre. 6pm
5th	<i>Capel CWA Craft Day</i> at Seventh Day Adventist Church Capel, 10am
7th	<i>Gelorup Markets</i> at Gelorup Community Centre 7am- 1pm
8th	<i>Boyanup CWA Meeting</i> at Boyanup Community Centre. 1 - 3pm
9th	<i>Capel Neighbourhood Watch Meeting</i> at Capel Community Centre. 6pm
9th	<i>Dalyellup Lions Club Meeting</i> at Dalyellup Community Centre. 7.30pm - 9.30pm
16th	<i>Dalyellup Neighbourhood Watch Meeting</i> at Dalyellup Community Centre. 6pm
17th	<i>Boyanup Lions Club Meeting</i> at Hugh Kilpatrick Hall 6.45—9.15pm
18th	<i>Red Hat Ladies' Biggest Morning Tea</i> at Boyanup Community Centre. 10.30 - 12 noon. \$5 donation. Guest speaker Dr Sidhartha Baxi. Raffle & craft display. Please bring craft along if you would like it included in the display. 9731 5931
19th	<i>Capel CWA Meeting</i> at Seventh Day Adventist Church, Capel. 10am
20th	<i>Capel CWA's Biggest Morning Tea</i> at Capel RSL Hall. 10am. 9727 1546
21st	<i>Dalyellup Markets</i>
23rd	<i>Dalyellup Lions Club Meeting</i> at Dalyellup Community Centre. 7.30pm - 9.30pm
24th	<i>NBN Information Session</i> at Capel Library. 5pm
28th	<i>Boyanup Lions Club Car Boot Sale</i> at Hugh Kilpatrick Hall. 9am - 1pm
28th	<i>Boyanup Farmers' Markets</i>

What Happens on a Weekly Basis?

Mondays	9.00 - 12.00pm	<i>Capel Art Group</i> at Capel RSL. 0409 108 243
	10.00-3.00pm	<i>Mahjong</i> at Capel Senior Citizens - 9727 2058
	2.00 - 5.00pm	<i>Scrabble Club</i> at Dalyellup Community Centre. 9795 9828
	2.00 - 5.00pm	<i>Boyanup Singers</i> - 9731 5590
	7.00 - 9.00pm	<i>Sing Australia</i> at Dalyellup Community Centre
Tuesdays	9.00-10.00am	<i>Gentle Gym</i> at Dalyellup Community Centre - 9795 7463
	9.00-10.00am	<i>Seniors' Tai Chi</i> at Boyanup Community Centre
	9.30-11.00am	<i>Ladies' Badminton</i> at Boyanup Hall
	8.45-9.45am	<i>Stay on Your Feet Exercise Group</i> at Capel RSL
	10.00-11.00am	<i>Bootscooting</i> at Capel RSL Hall (cost \$10)
	1.00- 4.00pm	<i>Euchre</i> at Capel Senior Citizens - 9727 2058
Wednesdays	7.00 - 9.00pm	<i>Bootscooting</i> at Cardinals Football Clubroom (cost \$8).
	9.30-11.30am	<i>Morning Tea</i> at Capel Senior Citizens - 9727 2058
	10.00 - 12.00pm	<i>Knit for Charity</i> at Capel Library
	11.00-3.00pm	<i>Quilting</i> at Boyanup Community Centre
Thursdays	1.00-4.00pm	<i>Cards</i> at Capel Senior Citizens - 9727 2058
	9.00-11.00am	<i>Women's Wellness</i> at Gelorup Community Centre
	10.00 - 2.00pm	<i>Seniors' Craft Group</i> at Boyanup Community Centre
	1.00 - 4.00pm	<i>Capel RSL Thursday Club</i> at Capel RSL. 0457 832 321
	1.00- 3.00pm	<i>Bridge</i> at Capel Library. 1.00 - 3.00pm
Fridays	4.00-7.00pm	<i>Art Group</i> at PGB Community Centre - 9727 2676
	10.30 - 12.30pm	<i>PARKINSONG</i> at Regional Art Gallery Dance Studio. Costs \$7
	1.00 - 3.00pm	<i>Widows & Widowers Support Group.</i> 9721 8944

Capel Senior Citizen's Centre

Forrest Road, Capel WA 6271
Phone: (08) 9727 1615
Email: scottybj@bigpond.com

CWA Capel Branch

PO Box 323, Capel WA 6271
Email: bevderussett@hotmail.com

Busselton Senior Citizen's Centre

22 Peel Terrace, Busselton WA 6280
Phone: (08) 9752 2232
Email: bscc@westnet.com.au

Bunbury Senior Citizen's Centre

Stirling Street, Bunbury WA 6230
Phone (08) 9721 2552