

Welcome to the November 2015 edition of Seniors' Link. The aim of this newsletter is to make it easier for our Seniors to know what social, recreational and cultural activities are taking place in our Shire. Please contact me either by phone 9727 0222 or email: dsims@capel.wa.gov if you wish to promote an event/activity in the Seniors' Link.

Kind regards,
Donna Sims

Wills & Family Law Information Sessions

Wills & Family Law can be a mine field to navigate. Come along to an information session at the Capel Iluka Public Library that will guide you through the process. These sessions are being facilitated by a Principal Solicitor from the Citizens Advice Bureau of WA (Inc.)

Wills & Enduring Power of Attorney

Wednesday 18th November at 11am - Capel Iluka Public Library

Family Law

Wednesday 18th November at 2pm - Capel Iluka Public Library

Please RSVP to the Capel Iluka Public Library by phoning 9727 0290



Free Transport to Seniors' Expo - Sunday 8th November 2015

Preparations are under way for the 11th South West Seniors' Expo. The aim of the Expo is to engage seniors in a variety of activities and initiatives that encourage active ageing. Active ageing involves meaningful and positive engagement with people, community and institutions.

Every year there are changes in what is on offer for seniors and the eligibility rules for accessing services. The Expo brings together exhibitors and seniors and their families to help them keep up to date with these changes. It is the only event of this kind for seniors in the South West. Health professionals will be conducting free health checks, including Regional Men's Health with their Fast Track Pit Stop Program. Refreshments will be available for purchase and a range of entertainment will be provided.

The Shire has received funding from Lotterywest, the Department of Local Government and Communities and COTA WA to provide free transport to this event as part of 'Seniors' Week 2015'. Pick up and drop off locations and times are as follows:

12 noon	Pick up from Capel Information Bay on Capel Drive
12.20pm	Pick up from Hugh Kilpatrick Hall in Boyanup
12.40pm	Pick up from Gelorup Community Centre on Hasties Road
12.50pm	Pick up from Dalyellup Community Centre on Gosse Way
1.00pm	Arrive at South West Seniors' Expo
3.00pm	Depart South West Seniors' Expo
3.10pm	Drop off Dalyellup
3.20pm	Drop off Gelorup
3.40pm	Drop off Boyanup
4.00pm	Drop off Capel



Please contact Donna on 08 9727 0222 or email dsims@capel.wa.gov.au if you would like to register for the free transport to and from the Seniors' Expo. Please note that travelling time may be shortened if we don't get people register from all the localities. A letter will be sent out to everyone who has registered to notify you all of any changes to the times.

Capel & Districts Garden Club

The Capel & Districts Garden Club would like to thank everyone who helped make their stall a success.

What's Happening in November?

1st	<i>Gelorup Markets</i> at Gelorup Community Centre.
3rd	<i>Melbourne Cup Luncheon</i> at Gelorup Community Centre.
6th	<i>Capel CWA Craft Day</i> at Seventh Day Adventist Church, Capel. 10 - 2pm. Please bring lunch. Costs \$2 per person plus any costs for crafts.
8th	<i>South West Seniors' Expo</i> at South West Sports Centre, Hay Park, Bunbury. 9am - 4pm
8th	<i>Capel Markets</i> at Capel Country Club
10th	<i>Dalyellup Lions Club Meeting</i> at Dalyellup Community Centre. 7.00pm - 9.30pm
12th	<i>Dalyellup Over 50's Seniors' Catchup</i> at Dalyellup Community Centre. 9795 3480
12th	<i>Boyanup CWA Meeting</i> at Boyanup Community Centre. 1 - 3pm
14th	<i>Grandfamilies Fun Day</i> at Bunbury Wildlife Park. 11 - 4pm
15th	<i>Dalyellup Markets</i> near Central Lakes Park
18th	<i>Wills & Family Law Information Sessions</i> at Capel Iluka Public Library. 11am and 2pm.
18th	<i>Boyanup Neighbourhood Watch Meeting</i> at Boyanup Community Centre. 6pm
18th	<i>Boyanup Lions Club Meeting</i> at Hugh Kilpatrick Hall Boyanup 7.00pm - 9.30pm
20th	<i>Capel CWA Meeting</i> at Seventh Day Adventist Church, Capel. 10am
22nd	<i>Boyanup Farmers' Markets & Bush Fire Ready Stall</i> just off South Western Highway
24th	<i>Dalyellup Lions Club Meeting</i> at Dalyellup Community Centre. 7.00pm - 9.30pm
25th	<i>Capel & Districts Garden Club's Visit to Pat Worrell's Garden</i> at 13 Payne Road, Capel. 1.30pm 08 9727 2648

What Happens on a Weekly Basis?

Mondays	9.00 - 12.00pm	<i>Capel Art Group</i> at Capel RSL. 0427 777 701
	10.00-3.00pm	<i>Mahjong</i> at Capel Senior Citizens - 9727 2058
	2.00 - 5.00pm	<i>Scrabble Club</i> at Dalyellup Community Centre. 9795 9828
	2.00 - 5.00pm	Boyanup Singers - 9731 5590
	7.00 - 9.00pm	<i>Sing Australia</i> at Dalyellup Community Centre
Tuesdays	9.00-10.00am	<i>Gentle Gym</i> at Dalyellup Community Centre - 9795 7463
	9.00-10.00am	<i>Seniors' Tai Chi</i> at Boyanup Community Centre
	9.30-11.00am	<i>Ladies' Badminton</i> at Boyanup Hall
	8.45-9.45am	<i>Stay on Your Feet Exercise Group</i> at Capel RSL
	10.00-11.00am	<i>Bootscooting</i> at Capel RSL Hall (cost \$10)
	1.00- 4.00pm	<i>Euchre</i> at Capel Senior Citizens - 9727 2058
Wednesdays	7.00 - 9.00pm	<i>Bootscooting</i> at Cardinals Football Clubroom (cost \$8).
	9.30-11.30am	<i>Morning Tea</i> at Capel Senior Citizens - 9727 2058
	10.00 - 12.00pm	<i>Knit for Charity</i> at Capel Library
	11.00-3.00pm	<i>Quilting</i> at Boyanup Community Centre
Thursdays	1.00-4.00pm	<i>Cards</i> at Capel Senior Citizens - 9727 2058
	9.00-11.00am	<i>Women's Wellness</i> at Gelorup Community Centre
	10.00 - 2.00pm	<i>Seniors' Craft Group</i> at Boyanup Community Centre
	1.00 - 4.00pm	<i>Capel RSL Thursday Club</i> at Capel RSL. 0427 777701
	1.00- 3.00pm	<i>Bridge</i> at Capel Library. 1.00 - 3.00pm
Fridays	4.00-7.00pm	<i>Art Group</i> at PGB Community Centre - 9727 2676
	10.30 - 12.30pm	<i>PARKINSONG</i> at Regional Art Gallery Dance Studio. Costs \$7
	1.00 - 3.00pm	<i>Widows & Widowers Support Group.</i> 9721 8944

Capel Senior Citizen's Centre

Forrest Road, Capel WA 6271
Phone: (08) 9727 1615
Email: scottybj@bigpond.com

Busselton Senior Citizen's Centre

22 Peel Terrace, Busselton WA 6280
Phone: (08) 9752 2232
Email: bscc@westnet.com.au

CWA Capel Branch

PO Box 323, Capel WA 6271
Email: bevderussett@hotmail.com

Bunbury Senior Citizen's Centre

Stirling Street, Bunbury WA 6230
Phone (08) 9721 2552

Dogs Must be Microchipped Prior to 1 November 2015

Dog owners are reminded that in addition to the requirement to register your dog with the Shire of Capel, all dogs must be microchipped. Section 21 of the Dog Act 1976 states that:

- (2) On and after 1 November 2015, the owner of a dog that has reached 3 months of age must ensure that the dog is microchipped. Penalty: a fine of \$5,000
- (4) A dog is exempt from microchipping if a certificate given by a veterinarian stating that the implantation of a microchip in the dog may adversely affect the health and welfare of the dog applies in respect of the dog.

Please contact the Shire on 9727 0222 and provide the microchip number so that it can be recorded on the Dog Register.