

Welcome to the June 2015 edition of Seniors' Link. The aim of this newsletter is to make it easier for our Seniors to know what social, recreational and cultural activities are taking place in our Shire. Please contact me either by phone 9727 0222 or email: dsims@capel.wa.gov if you wish to promote an event/activity in the Seniors' Link.

Kind regards,
Donna Sims

ANZAC Centenary Tour

The Shire of Capel invites all Seniors residing in the Shire on a tour of the Army Museum of Western Australia in Fremantle and ANZAC Cottage in Mount Hawthorn.

Army Museum of Western Australia

The Army Museum of WA was established in 1977 and was originally located in the nineteenth Century building 'Dilhorn' situated in Bulwer Street, Perth, which had been in use by the Army since 1952. This heritage listed building was subsequently sold privately by Department of Defence in 2001. The Museum was relocated to the Artillery Barracks site in Burt Street, Fremantle in 1995. This entire precinct has been heritage listed with several of the buildings having historical significance.

The Museum currently has five established galleries and each gallery reflects the Army in WA and WA's service within the army from the colonial period to the present day. The Museum also contains a static display of vehicles and other military hardware located on the parade ground and in adjacent buildings. In addition to the public displays of army memorabilia and artefacts a wide range of photographs, letters, general correspondence and other items of significance to WA army history are also held by the museum.

ANZAC Cottage

ANZAC Cottage was built in one day on February 12, 1916 by the community of Mount Hawthorn as a home for a returned wounded soldier and his family and as a memorial for those who lost their lives in the tragic Gallipoli landing. Ninety-nine years later, the Cottage still stands and commands respect from all who visit it. ANZAC Cottage was the first memorial to the Great War to be built in Australia.

We will also be visiting Kings Park for a picnic lunch and a look at the War Memorials in the Botanic Gardens.

The cost of the day is \$20, which includes bus pick up and drop off, entry fee into the Army Museum of WA and afternoon tea at ANZAC Cottage. The normal cost is \$34, however, the Shire is subsidising the trip by \$14 per person. Please bring a packed lunch to eat at Kings Park.

Please view the attached flyer for more details and RSVP by phoning 9727 0222 or email dsims@capel.wa.gov.au

Places are limited.

Book Exchange Expressions of Interest

Please contact Caron on 0438 445 769 if you are interested in doing a book exchange morning at Caron's place in Goodwood Road, Capel once or twice a week.

What's Happening in June?

1st	Boyanup Seniors' Lunch at Boyanup Community Centre. 11.30 - 1.30pm
5th	Capel CWA Craft Day at Seventh Day Adventist Church, Capel. 10 - 2pm. Please bring lunch. Costs \$2 per person plus any costs for crafts.
7th	Gelorup Markets at Gelorup Community Centre.
8th	Boyanup CWA Meeting at Boyanup Community Centre. 1 - 3pm
9th	Dalyellup Lions Club Meeting at Dalyellup Community Centre. 7.00pm - 9.30pm
11th	Dalyellup Over 50's Seniors' Catchup at Dalyellup Community Centre. 9795 3480
15th	Parkinson Support Group Meeting at Milligan House. 2 - 4pm
17th	Boyanup Lions Club Meeting at Hugh Kilpatrick Hall Boyanup 7.00pm - 9.30pm
17th	Dalyellup Neighbourhood Watch Meeting, including Dinner at Dalyellup Community Centre. 6pm. Costs \$3 per person for Dinner (soup and crusty bread).
19th	Capel CWA Meeting at Seventh Day Adventist Church, Capel. 10am
21st	Dalyellup Markets near Central Lakes Park
23rd	Dalyellup Lions Club Meeting at Dalyellup Community Centre. 7.00pm - 9.30pm
25th	ANZAC Centenary Tour in Perth. Costs \$20
28th	Boyanup Farmers' Markets just off South Western Highway

What Happens on a Weekly Basis?

Mondays	9.00 - 12.00pm	Capel Art Group at Capel RSL. 0427 777 701
	10.00-3.00pm	Mahjong at Capel Senior Citizens - 9727 2058
	2.00 - 5.00pm	Scrabble Club at Dalyellup Community Centre. 9795 9828
	2.00 - 5.00pm	Boyanup Singers - 9731 5590
	7.00 - 9.00pm	Sing Australia at Dalyellup Community Centre
Tuesdays	9.00-10.00am	Gentle Gym at Dalyellup Community Centre - 9795 7463
	9.00-10.00am	Seniors' Tai Chi at Boyanup Community Centre
	9.30-11.00am	Ladies' Badminton at Boyanup Hall
	8.45-9.45am	Stay on Your Feet Exercise Group at Capel RSL
	10.00-11.00am	Bootscooting at Capel RSL Hall (cost \$7)
	1.00- 4.00pm	Euchre at Capel Senior Citizens - 9727 2058
Wednesdays	7.00 - 9.00pm	Bootscooting at Cardinals Football Clubroom (cost \$8).
	9.30-11.30am	Morning Tea at Capel Senior Citizens - 9727 2058
	10.00 - 12.00pm	Knit for Charity at Capel Library
	11.00-3.00pm	Quilting at Boyanup Community Centre
Thursdays	1.00-4.00pm	Cards at Capel Senior Citizens - 9727 2058
	9.00-11.00am	Women's Wellness at Gelorup Community Centre
	10.00 - 2.00pm	Seniors' Craft Group at Boyanup Community Centre
	1.00 - 3.00pm	Capel RSL Social & Support Group at Capel RSL. 0427 777701
	1.00- 3.00pm	Bridge at Capel Library. 1.00 - 3.00pm
Fridays	4.00-7.00pm	Art Group at PGB Community Centre - 9727 2676
	10.30 - 12.30pm	PARKINSONG at Regional Art Gallery Dance Studio. Costs \$7
	1.00 - 3.00pm	Widows & Widowers Support Group. 9721 8944

Boyanup Senior Citizen's Centre
28 Ray Street, Boyanup WA 6237
Phone (08) 9731 5638

Bunbury Senior Citizen's Centre
Stirling Street, Bunbury WA 6230
Phone (08) 9721 2552

Capel Senior Citizen's Centre
Forrest Road, Capel WA 6271
Phone: (08) 9727 1615
Email: scottbj@bigpond.com

Busselton Senior Citizen's Centre
22 Peel Terrace, Busselton WA 6280
Phone: (08) 9752 2232
Email: bscc@westnet.com.au

CWA Capel Branch
PO Box 323, Capel WA 6271
Email: bevderussett@hotmail.com